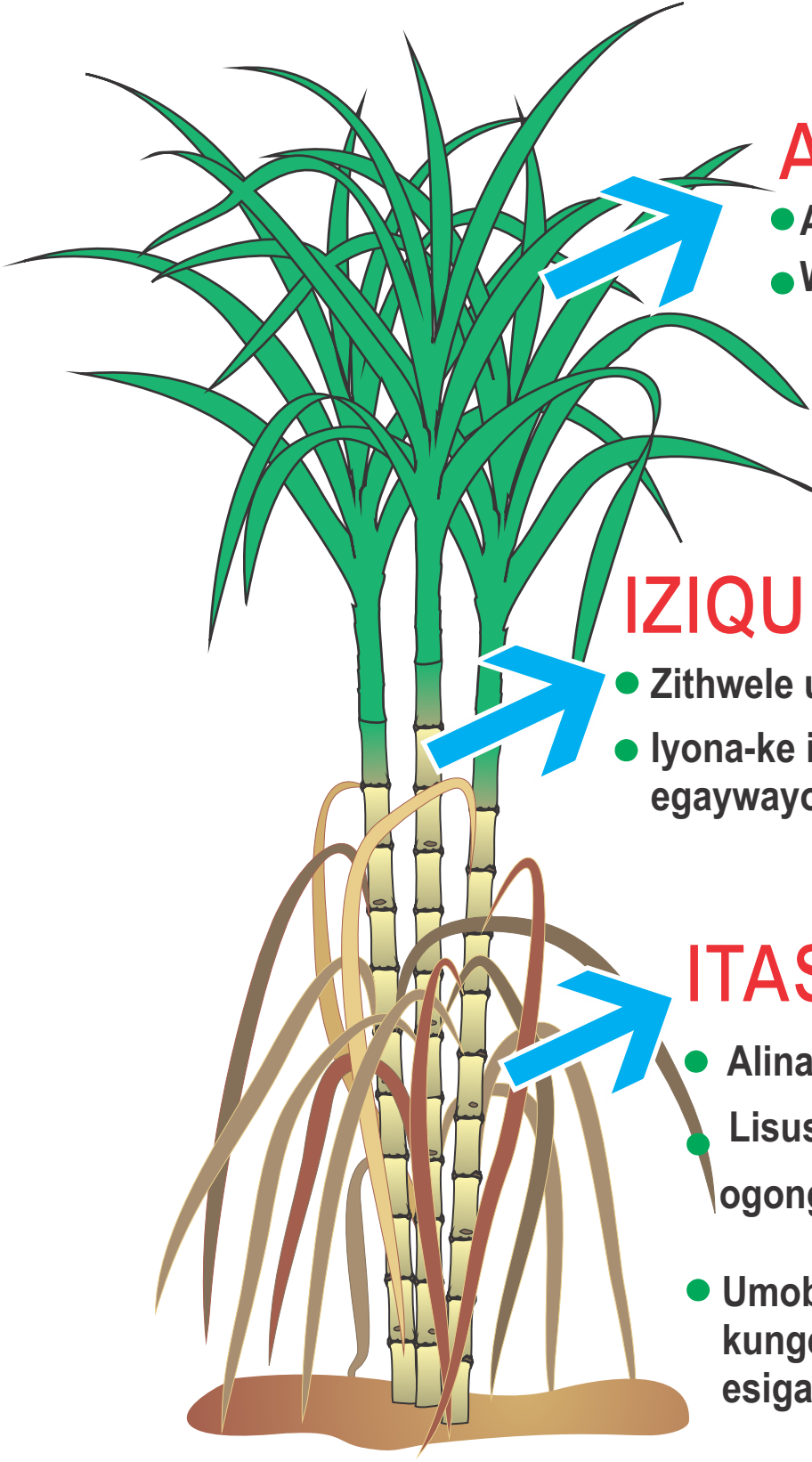


## Iyiphi ingxenye yomoba egaywayo?



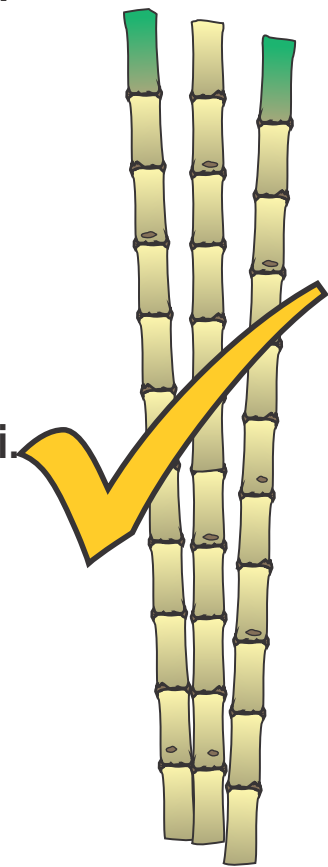
### AMATHOPHISI

- Athwele ushukela omncane kabi.
- Washiye ensimini.



### IZIQU

- Zithwele ushukela omningi.
- Iyona-ke ingxenye egaywayo.



### ITASHI

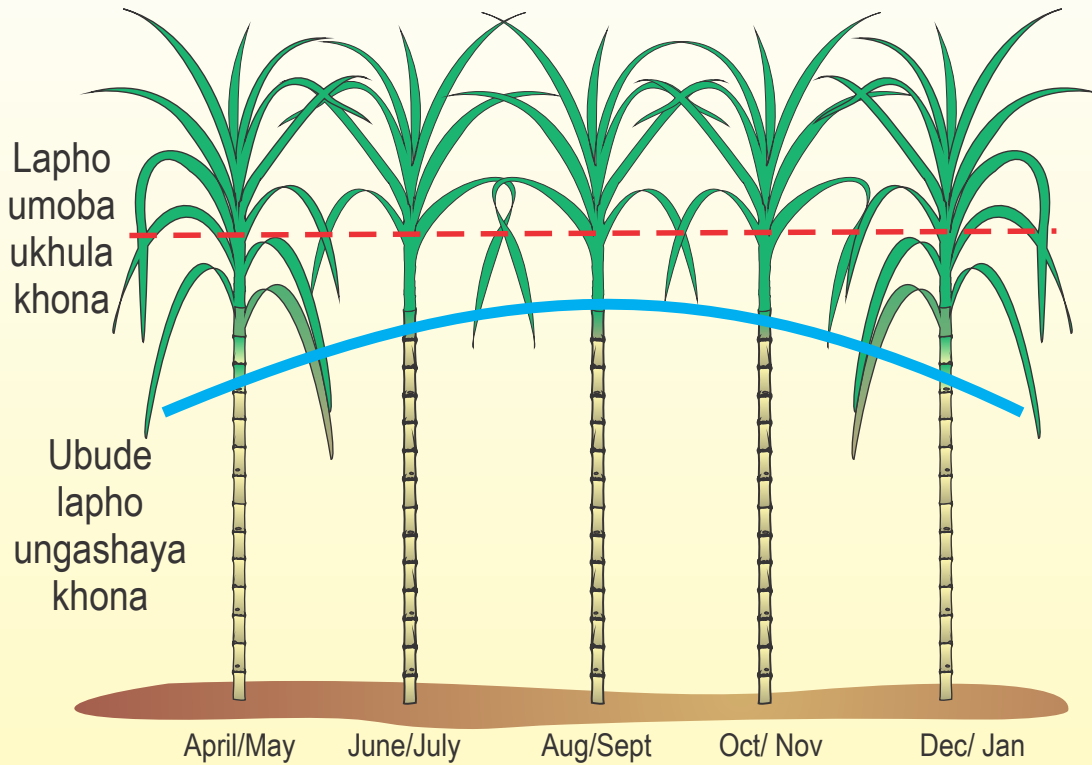
- Alinashukela
- Lisuse itashi ogongolweni.
- Umoba onetashi eliningi kungenzeka ungamukelwa esigayweni.



## 1. Ukugawulwa kwethophisi ngokuhluka kwezikhathi zonyaka

Umoba ongakavuthwa unethophisi elide elinamaqabunga amade aluhlaza

Umoba ovuthiwe unethophisi elincane elinamaqabunga amancane



### Gawulela ngezansi umoba ngezikhathi:

- zokuvula kwesigayo noma sesizovalwa
- uma usemncane futhi ungakavuthwa
- uma isigayo ukude

## 2. Wuzwe lapho ukunambitheka kuphela khona

Lapho umoba ukhula khona

10 cm

Ihlamvu lesihlanu No.5

Kumuncu

Kumuncwana

Kuphakathi nendawa

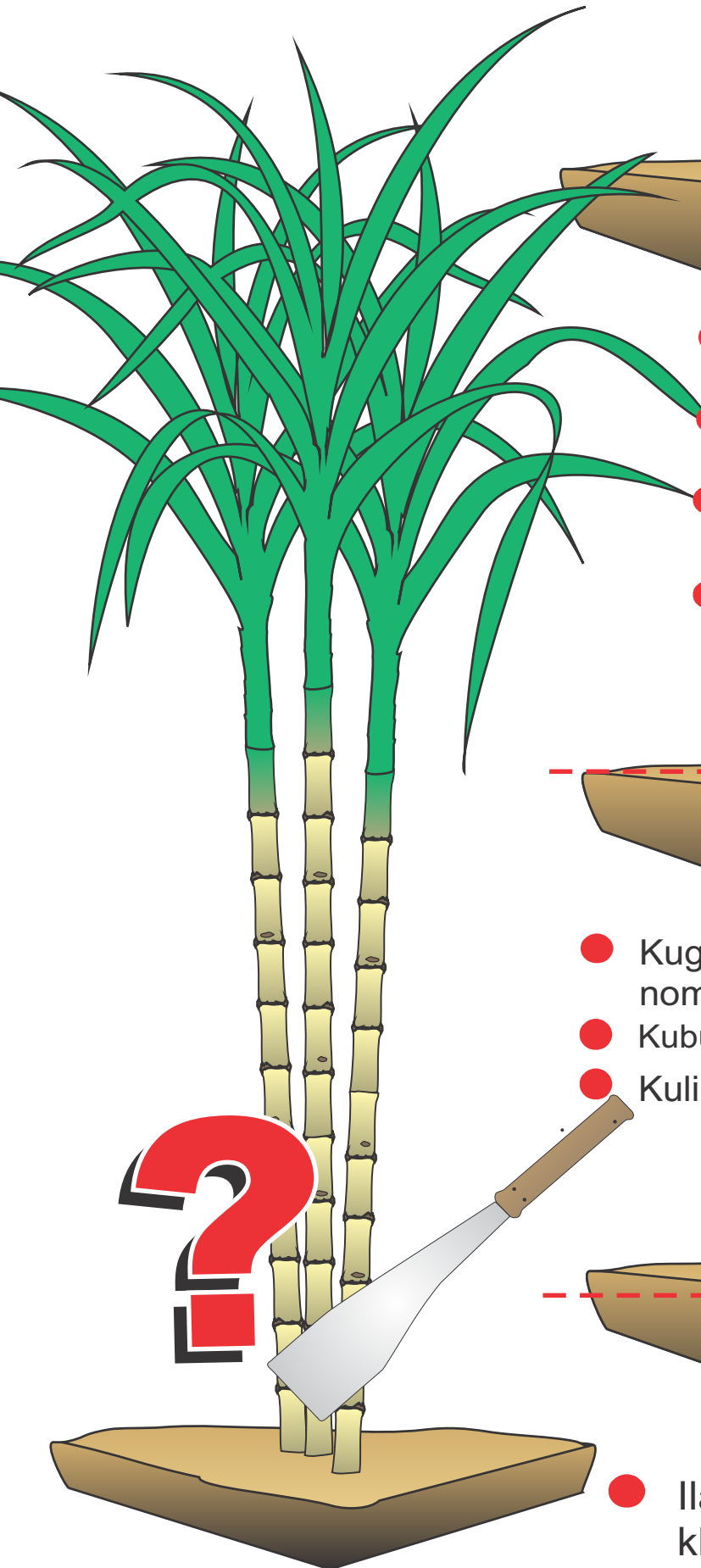
Kunobushukela obuncane

Susa ithophisi lapha

Kunobushukela

# Ukuhlahla

# UHLAHLA



## X Kuphezulu kakhulu



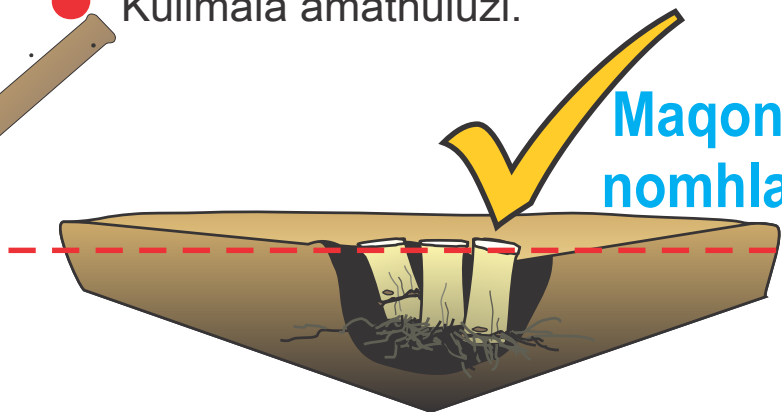
- Lokhu kubanga ukulahlekelwa inzuzo yoshukela.
- Umoba omusha oqhuma ngaphezu komhlabathi awukwazi ukukhula.
- Kubanga ukuthi umoba ungabi namahlumela amahle.
- Isinqamu esisele singaba isidleke sesihlava.

## X Ngaphansi komhlabathi



- Kugcina sekuthunyelwe izimpande nomhlabathi esigayweni.
- Kubulala isinde lapho umoba ukhula khona.
- Kulimala amathuluzi.

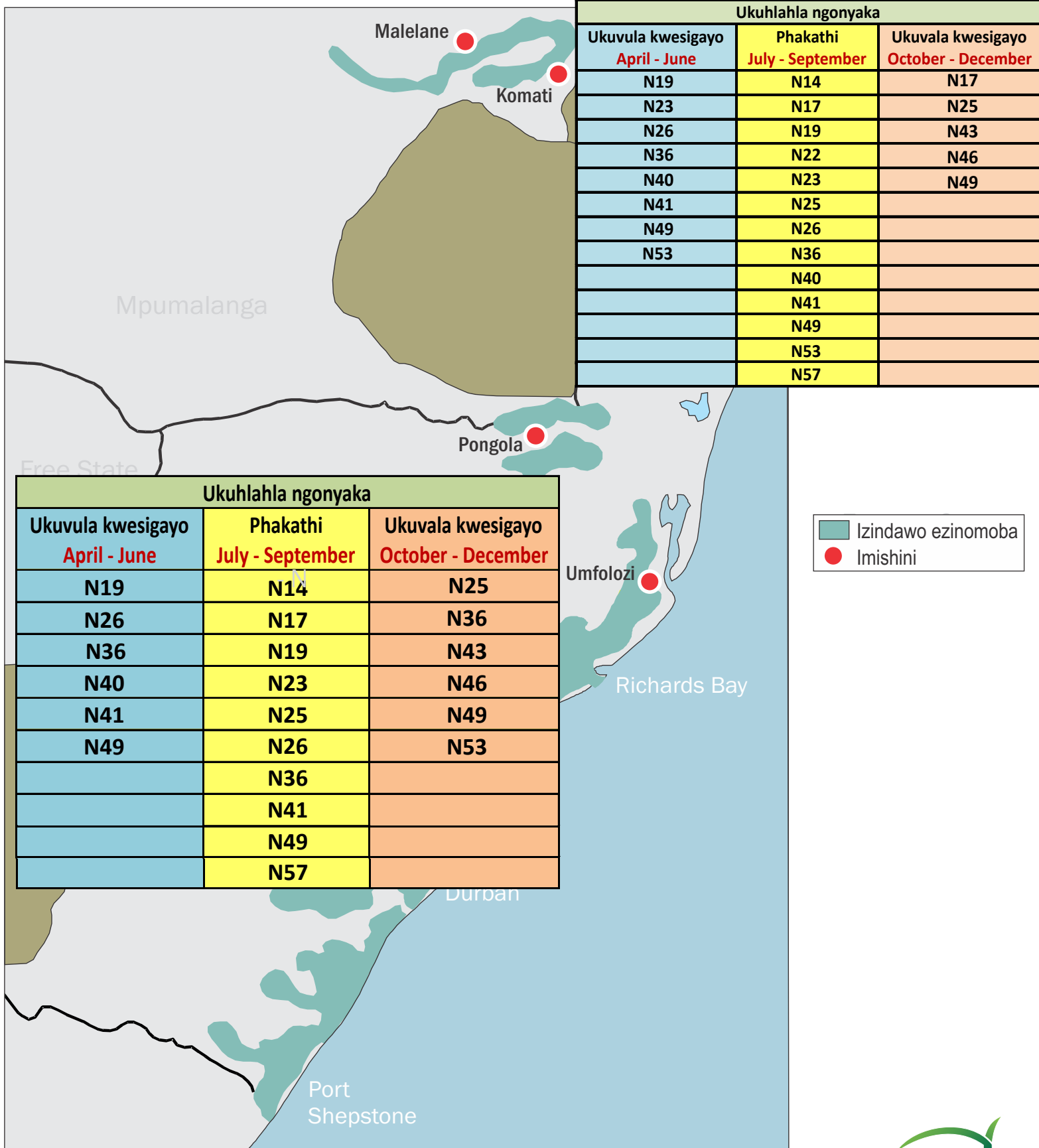
## Maqondana nomhlabathi





- Ilapho-ke kufanele ugawulele khona.

# Isikhathi sokuhlala **AHLA**

- Izinhlalo ezihlukene kufanele zihlahlwe ngezikhathi ezihlukene onyakeni.
- Hlela ukuhlala izinhlobo zakho ngezikhathi esifanele.



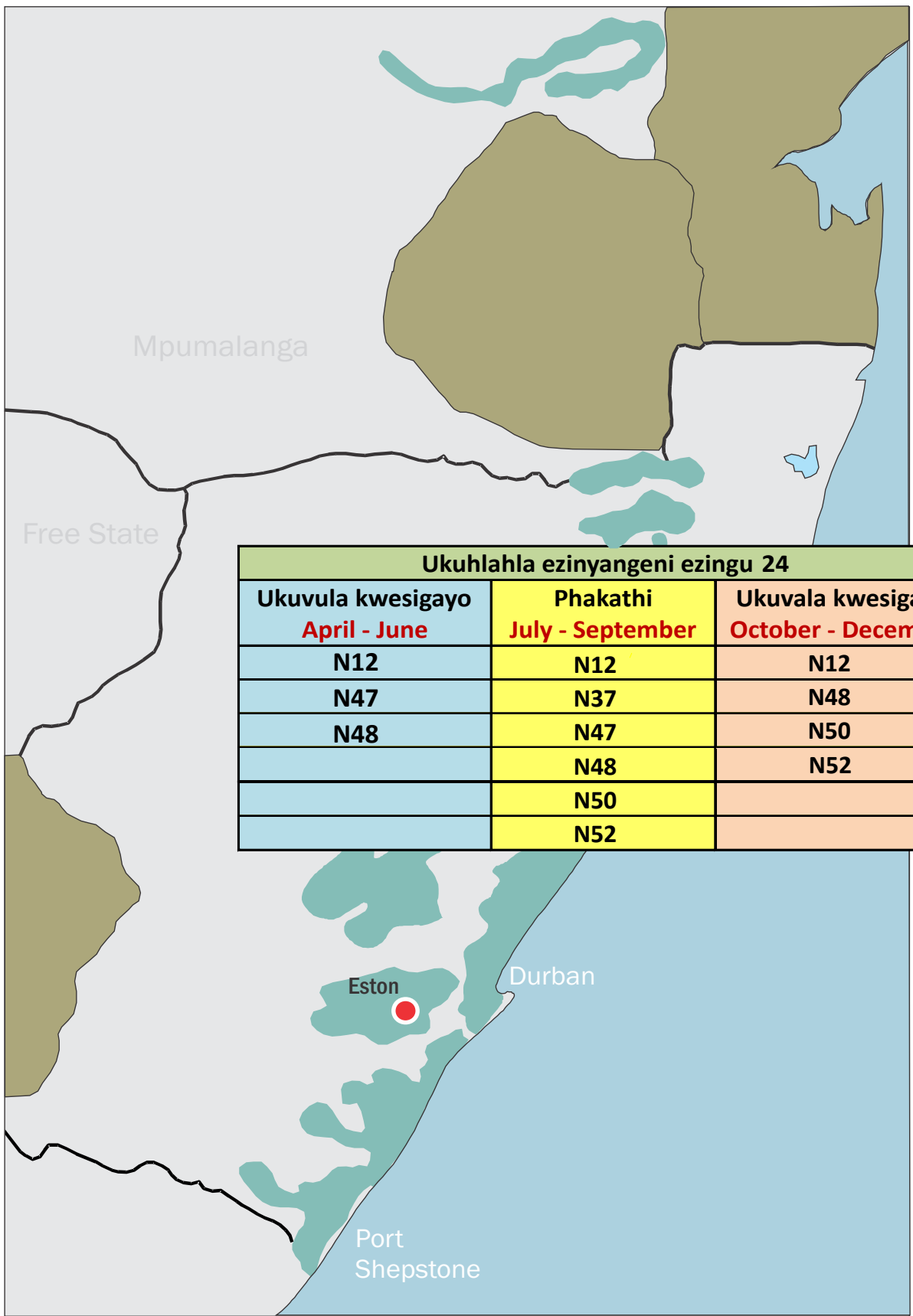
 Izindawo ezinomoba  
 Imishini

Amalungelo okuqopha aqukethwe kulo mbhalo. Ayikho ingxenye yalo msebenzi engaphinda yenziwe nanganoma iyiphi indlela ngaphandle kwemvume ebhaliwe yomshicileli. Yize yenziwe yonke imizamo yokuqinisekisa ubuqotho bolwazi olushicilelwe kulo msebenzi, isiKhungo sezoCwanningo ngoMoba saseNingizimu Afrika (SASRI) asizukuthathelwa zinyathelo ngokulahleka noma ukulimala okungehlakalela umuntu ngenxa yokulandela ulwazi oluqokethwe lapha. Ukusetshenziswa kwamagama nezikhangisi ezinobunikazi kulomshicilelo akungathathwa njengokuqinisekisa/gqugquzela ukuthi zisetshenziswe.



# Isikhathi sokuhlahlAHLA

- Izinhlolo ezihlukene kufanele zihlahlwe ngezikhathi ezahlukeno onyakeni.
- Hlela ukuhlahlA izinhlobo zakho ngezikhathi esifanele.

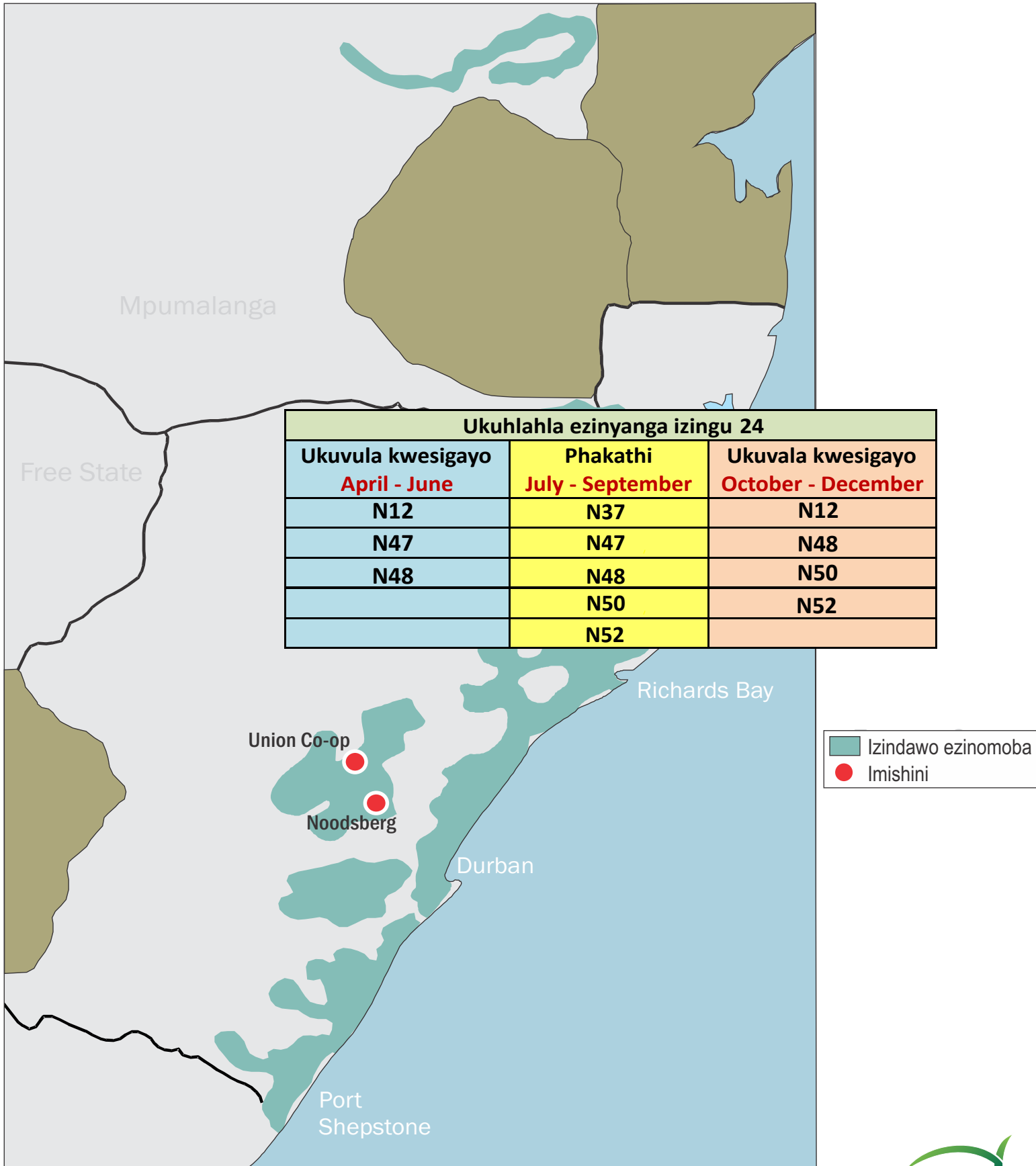


■ Izindawo ezinomoba  
● Umshini

Amalungelo okuqopha aqukethwe kulo mbhalo. Ayikho ingxenywe yalo msebenzi engaphinda yenziwe nanganoma iyiphi indlela ngaphandle kwemvume ebhaliwe yomshicileli. Yize yenziwe yonke imizamo yokuqinisekisa ubuqotho bolwazi olushicilelwe kulo msebenzi, isikhungo sezoCwaningo ngoMoba saseNingizimu Afrika (SASRI) asizukuthathelwa zinyathelo ngokulahleka noma ukulimala okungehlakalela umuntu ngenxa yokulandela ulwazi oluqokethwe lapha. Ukusetshenziswa kwamagama nezikhangisi ezinobunikazi kulomshicilelo akungathathwa njengokuqinisekisa/gqugquzela ukuthi zisetshenziswe.

# Isikhathi sokuhlahlA

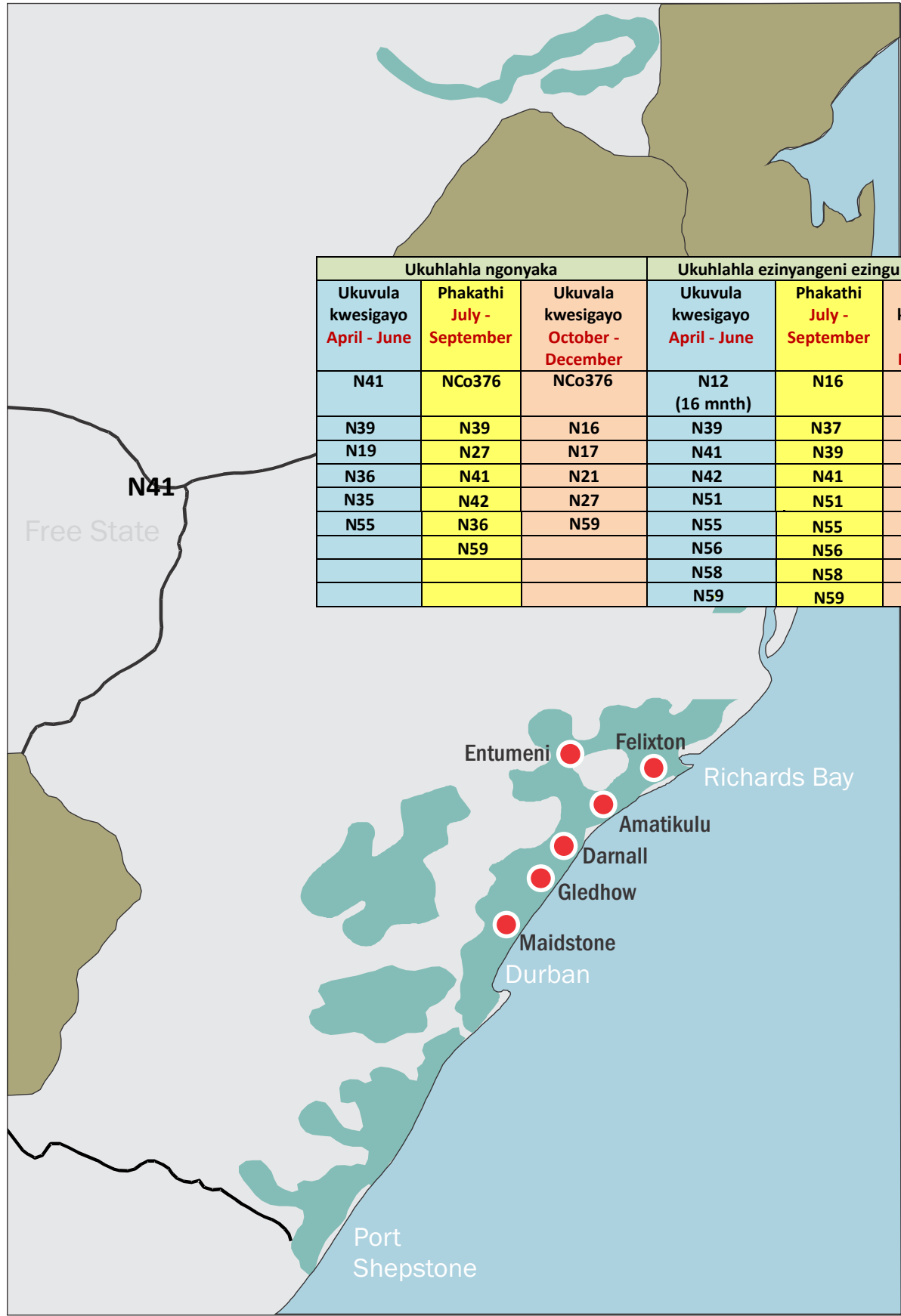
- Izinhlalo ezihlukene kufanele zihlahlwe ngezikhathi ezahlukeni onyakeni.
- Hlela ukuhlahlA izinhlobo zakho ngesikhathi esifanele.



Amalungelo okuqopha aqukethwe kulo mbhalo. Ayikho ingxenywe yalo msebenzi engaphinda yenziwe nanganoma iyiphi indlela ngaphandle kwemvume ebhaliwe yomshicileli. Yize yenziwe yonke imizamo yokuqinisekisa ubuqotho bolwazi olushicilelwe kulo msebenzi, isikhungo sezoCwanningo ngoMoba saseNingizimu Afrika (SASRI) asizukuthathelwa zinyathelo ngokulahleka noma ukulimala okungehlakalela umuntu ngenxa yokulandela ulwazi oluqokethwe lapha. Ukusetshenziswa kwamagama nezikhangisi ezinobunikazi kulomshicilelo akungathathwa njengokuqinisekisa/gqugquzela ukuthi zisetshenziswe.

# Isikhathi sokuhlaha

- Izinhlalo ezihlukene kufanele zihlahlwe ngezikhathi ezahlukeni onyakeni.
- Hlela ukuhlaha izinhlobo zakho ngezikhathi esifanele.



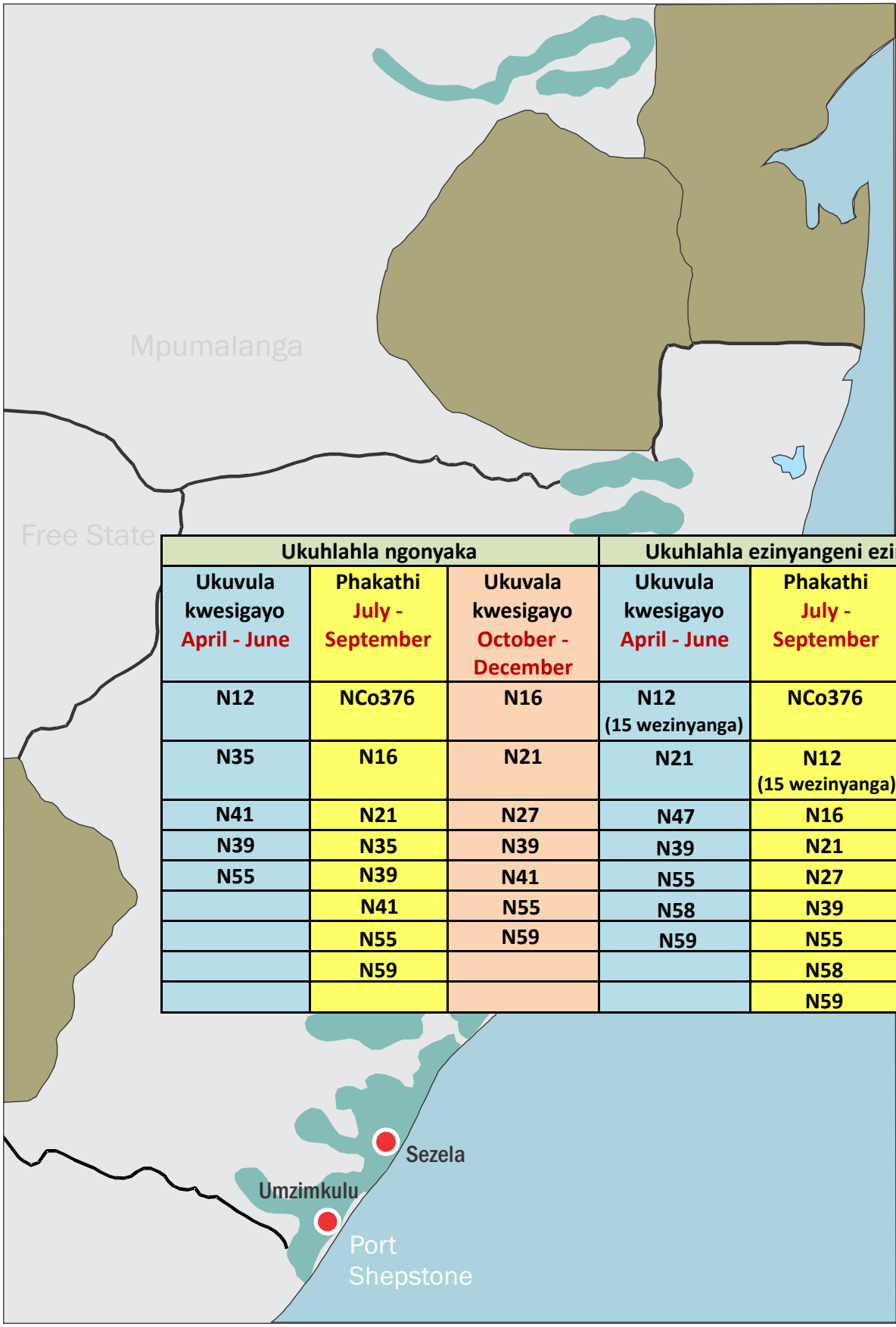
Ukuhlaha ngonyaka			Ukuhlaha ezinyangeni ezingu 15 – 18		
Ukuvula kwesigayo April - June	Phakathi July - September	Ukuvula kwesigayo October - December	Ukuvula kwesigayo April - June	Phakathi July - September	Ukuvula kwesigayo October - December
N41	NCo376	NCo376	N12 (16 mnth)	N16	N16
N39	N39	N16	N39	N37	N37
N19	N27	N17	N41	N39	N39
N36	N41	N21	N42	N41	N41
N35	N42	N27	N51	N51	N51
N55	N36	N59	N55	N55	N55
	N59		N56	N56	N56
			N58	N58	N58
			N59	N59	N59

■ Izindawo ezinomoba  
● Imishini

Amalungelo okuqopha aqukethwe kulo mbhalo. Ayikho ingxenye yalo msebenzi engaphinda yenziwe nangenoma iyiphi indlela ngaphandle kwemvume ebhaliwe yomshicileli. Yiye yenziwe yonke imizamo yokuqinisekisa ubuqotho bolwazi olushicilelwe kulo msebenzi, isiKhungo sezoCwaningo ngoMoba saseNingizimu Afrika (SASRI) asizukuthathelwa zinyathelo ngokulahleka noma ukulimala okungehlakalela umuntu ngenxa yokulandela ulwazi oluqokethwe lapha. Ukusetshenziswa kwamagama nezikhangisi ezinobunikazi kulomshicilelo akungathathwa njengokuqinisekisa/gquguzela ukuthi zisetshenziswe.

# Isikhathi sokuhlaha

- Izinhlalo ezihlukene kufanele zihlahlwe ngezikhathi ezihlukene onyakeni.
- Hlela ukuhlaha izinhlobo zakho ngezikhathi esifanele.



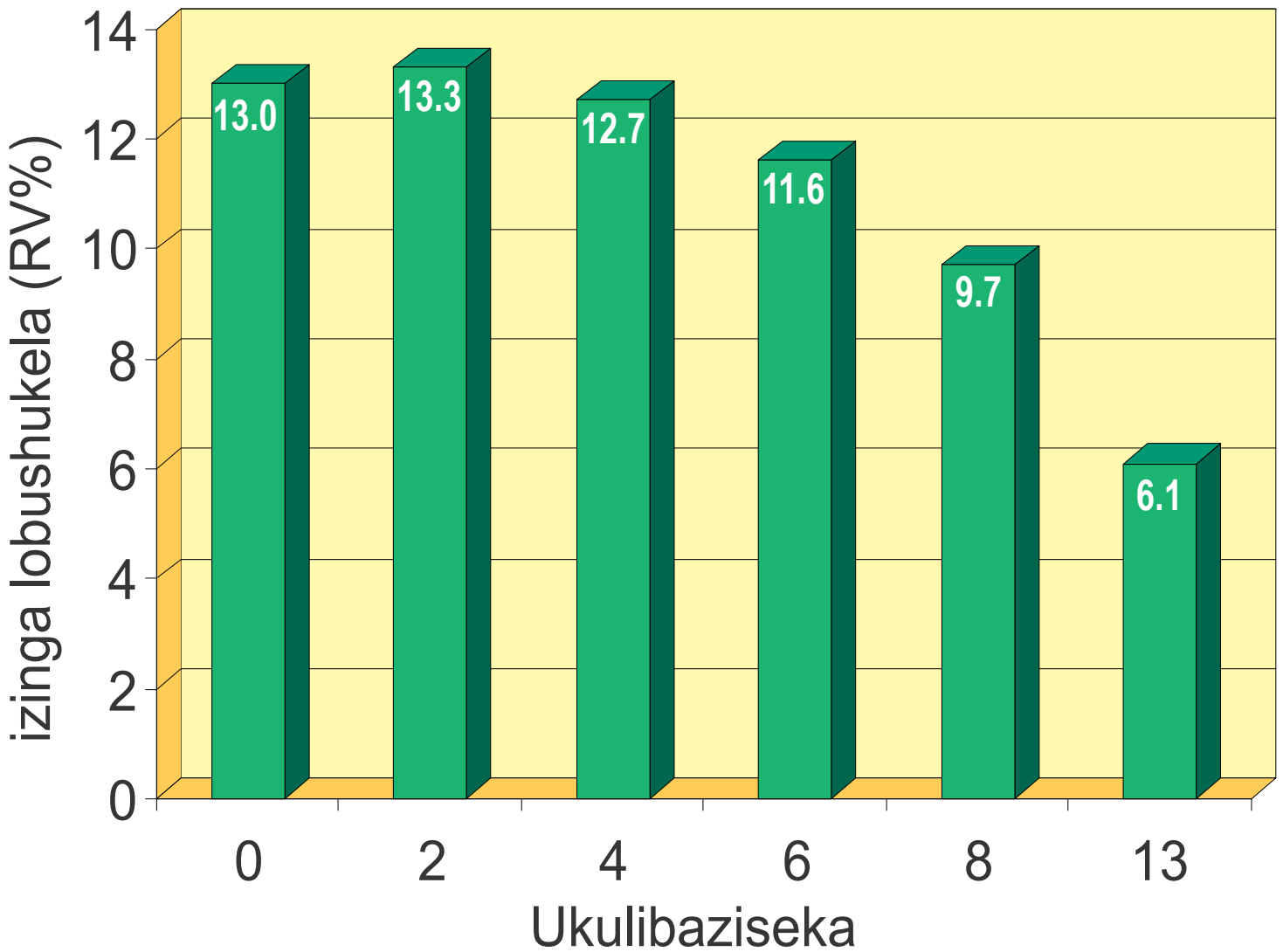
Ukuhlaha ngonyaka			Ukuhlaha ezinyangeni ezingu 15 – 18		
Ukuvula kwesigayo April - June	Phakathi July - September	Ukuvula kwesigayo October - December	Ukuvula kwesigayo April - June	Phakathi July - September	Ukuvula kwesigayo October - December
N12	NCo376	N16	N12 (15 wezinyanga)	NCo376	N39
N35	N16	N21	N21	N12 (15 wezinyanga)	N55
N41	N21	N27	N47	N16	N58
N39	N35	N39	N39	N21	N59
N55	N39	N41	N55	N27	
	N41	N55	N58	N39	
	N55	N59	N59	N55	
	N59			N58	
				N59	

■ Izindawo ezinomoba  
● Imishini

Amalungelo okuqopha aqakethwe kulo mbhalo. Ayikho ingxenye yalo msebenzi engaphinda yenziwe nangenoma iyiphi indlela ngaphandle kwemvume ebhaliwe yomshicileli. Yize yenziwe yonke imizamo yokuqinisekisa ubuqotho bolwazi olushicilelwe kulo msebenzi, isiKhungo sezoCwanningo ngoMoba saseNingizimu Afrika (SASRI) asizukuthathelwa zinyathelo ngokulahleka noma ukulimala okungehlakalela umuntu ngenxa yokulandela ulwazi oluqakethwe lapha. Ukusetshenziswa kwamagama nezikhangisi ezinobunikazi kulomshicilelo akungathathwa njengokuqinisekisa/gqugquzela ukuthi zisetshenziswe.

# Ukulibaziseka komoba kusukela ushiswa uze ufike esigayweni

5



***Ukulahlekelwa ushukela (RV) ngenxa yokulibaziseka komoba kusukela ushiswe uze ufike esigayweni***

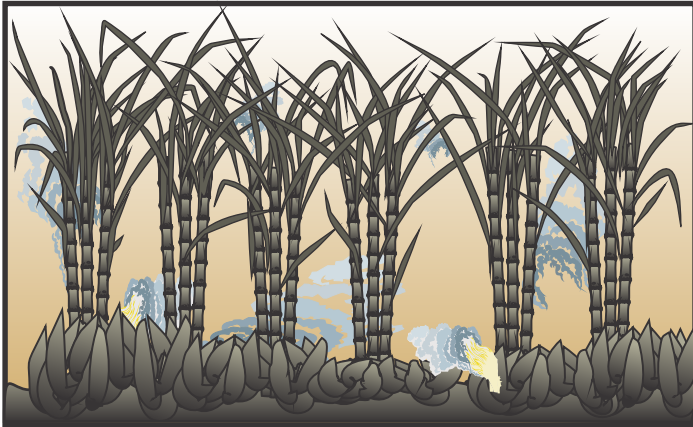
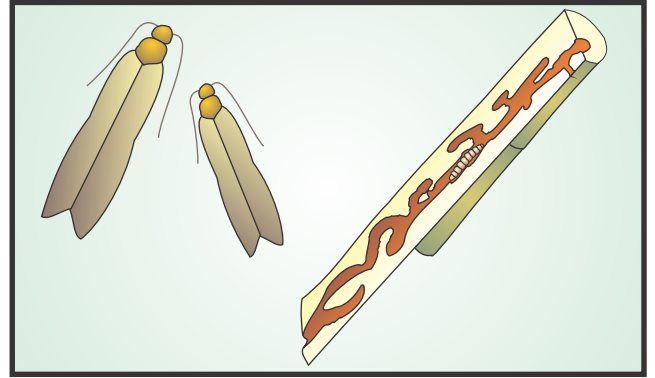
## Ukuvikela ukulahlekelwa ushukela (RV)

- Hambisa umoba esigayweni ngokushesha. Ushukela wehla ngokushesha uma kushisa.
- Hlahla umoba oshisiwe ngokushesha ungawuyeki umile.
- Shisa indawo encane.
- Thumela umoba ohlanzekile ongenanhlabathi namathophisi.



## UMOBA ONESIHLAVA

- Uhlahle ngokushesha

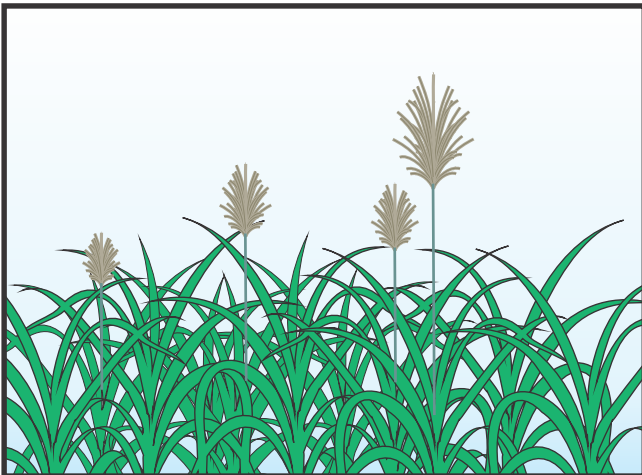
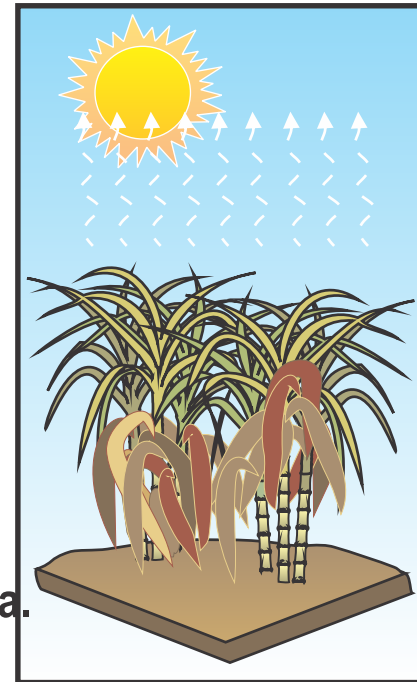


## UMOBA OSHE NGENGOZI

- Kufanele ugawulwe ungashiywa umile.
- Uphuthumise esigayweni ngokushesha.
- Faka umanyolo bese ubulala nokhula.

## UMOBA OKHAHLANYEZWE ISOMISO

- Umoba ongagayeka - Hlahla lawomasimu amabi kuqala ungawushiya umoba omubi kuze kube isizini elandelayo.
- Umoba ongeke ugayeke (ongenaso isihlava) - Uyeke umile. Faka isikhuthazakhaba uma kuqala izimvula ususe nokhula
- Umoba ongeke ugayeke (onesihlava) - Ushise, uwugawule. Faka isikhuthazi zingakafiki izimvula.



## ONENTSHAKAZA

- Uhambise esigayweni ungakapheli uMandulo.
- Ungawuyeki kuze kube isizini elandelayo.
- Faka isikhuthazi.